

ANNUAL REPORT



2023

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From the Chief Executive Officer

While in the throes of a global pandemic not seen in generations, our nation suffered mass casualties that were often rapid, defenseless, and painful.

The psychological impact of isolation, death, and fear of the unknown was pervasive. Healthcare providers were on the front lines, risking their lives, and even losing them.

Behavioral health and substance use disorders—long seen as ancillary to health—have become front-and-center concerns. While some stigma around behavioral health and SUDs remains, we're now seeing progress in viewing mental health as a bipartisan issue, in the aftermath of the coronavirus pandemic.

Columbia River Mental Health Services remained resilient in the face of crisis.

We had to respond and find a way to meet patients in their time and place of need. This meant pivoting away from a model of care that focused on the patient traveling to a facility for care. Telemedicine, though well-established in healthcare, became a core model in ensuring that our services remained accessible while many couldn't leave their homes.

Isolation and fear led to an increase in SUDs. CRMHS was again ready to answer the call:

- We established ourselves as a Certified Community Behavioral Health Clinic that focused on a whole-person care approach irrespective of ability to pay.
- We launched several mobile outreach units that truly meet patients in the time and place of their need.
- We're building a new state-of-the-art opiate treatment facility, because CRMHS has become the largest provider of opiate treatment services in Southwest Washington.

None of this would have been possible without a caring and dedicated staff whose dwindling numbers in the profession continue to challenge all behavioral health providers across the nation.

CRMHS is proud to have served Southwest Washington through some of the most challenging times in history, but stands ready to forge a new path forward. Through generous donations, and federal, state and local support, the impossible is met with the possibility that hope will win and lives will change here.

We thank you for your support!

Victor Jackson

▶ Programs

Health Services

Mental Health Services – comprehensive mental health assessments for individuals of all ages, youths to older adults.

- **Adult Outpatient Program (AOP)** – a comprehensive approach to assist adult clients of all ages and with various types of mental health challenges.
- **Child and Family Program** – comprehensive mental health assessments for youths from ages 5 to 18; individual and family therapy; group services; and peer parenting support services.

NorthStar Treatment Center / Opiate Treatment Services – A substance use treatment program for youths and adults struggling with opioid use, offering medication-assisted treatment; one-on-one and group counseling; case management; peer support; employment services; and housing referrals.

Gap Medicine – Offers physical health care for existing clients receiving mental health or substance use treatment services, including medical services for chronic conditions such as hepatitis C, diabetes, high blood pressure, and high cholesterol.

Psychiatry Services – A team of skilled providers including psychiatrists, mental health nurse practitioners, and psychiatry-focused physician assistants provide counseling services and medication management for adults and youths.

Program of Assertive Community Treatment (PACT) – A team that includes medication management prescriber, nurses, therapists, peer support specialist, a substance use provider, case manager, and program coordinator who work together to provide tailored care to individuals needing a higher level of support.

We're here to help

At Columbia River, we provide personalized and compassionate mental, behavioral health, and substance use treatment services to adults, teens, and kids in Southwest Washington.



Programs (continued)

Well-Being Services

Case Management Program – Provides long- and short-term care services to adults and youths, including housing and medication management.

Peer Parent Support Partner Services – Offers guidance, advocacy, and camaraderie for parents and caregivers of youths receiving services from mental health and substance use services.



Peer Support Services – Assists adult clients in services to regain control and success in their own lives, including developing supportive relationships, self-advocacy, stable housing, education and employment.

Options Youth Services – This program serves youths from ages 14 to 25, providing mental health therapy, case management, and help with vocational assessment, resumes, job searches, job retention counseling, job development, job coaching, FAFSA application, and scholarship applications.

Trueblood – A program helping individuals find permanent, stable housing through peer support.

Forensic Housing and Recovery Peer Services (FHARPS) – An evidence-based, recovery-oriented program aimed at minimizing the barrier to receiving services such as housing support and services for behavioral health conditions.

Programs (continued)

Mobile Outreach Services

Night Crisis – The mobile team responds to behavioral health crises in Clark County from 10 p.m. to 8 a.m. seven days a week to help divert patients away from the emergency room and law enforcement, to more appropriate care and services.

Mobile Health Team – The team of a nurse, physician’s assistant, clinician, and peer and case managers travels by van to support unhoused or unstably housed individuals throughout Clark County, providing outreach, mental health assessments, medical services, and referrals.

Mobile Intensive Housing Team (MIHT) – a team of a peer support specialist, case manager, and mental health clinician supports clients throughout the housing process, including until they are stable in their housing.



▶ Leadership at CRMHS

Leadership Team

CEO Victor Jackson
COO Kelly Ferguson
CFO Casandra Schoenwald
CMO Kevin Fischer
CCO Anne Willis
CHRO Alicia Turvin
CMO/CDO Brittani Lassieigne
Christopher Cone
CCPO Sarah Brown

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Patient Demographics

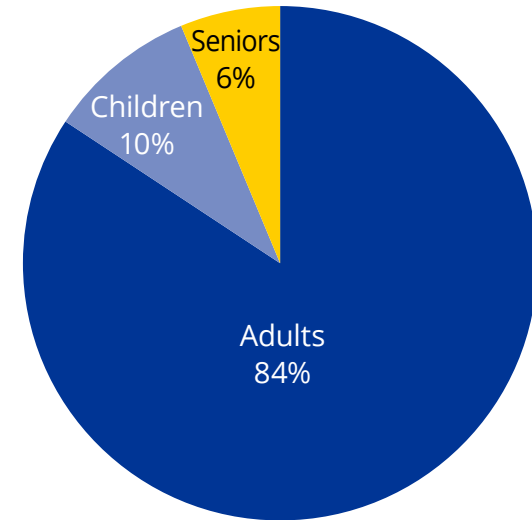
FY2023

Adult patients made up the majority of those seen at CRMHS in FY23. Patients identifying as female made up half of those seen by gender.

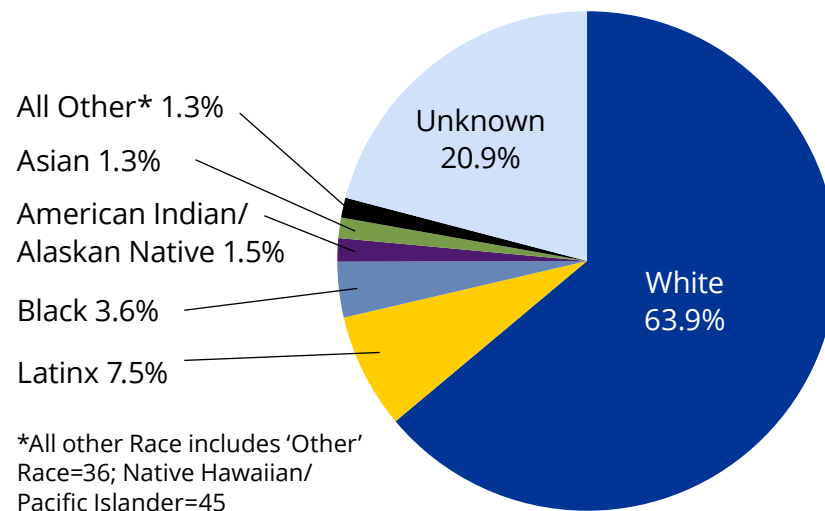
The majority of FY23 patients were white, with Latinx making up the second highest proportion of those identifying their race. A fairly-high percentage, 21%, chose not to identify by race.

n=6,281

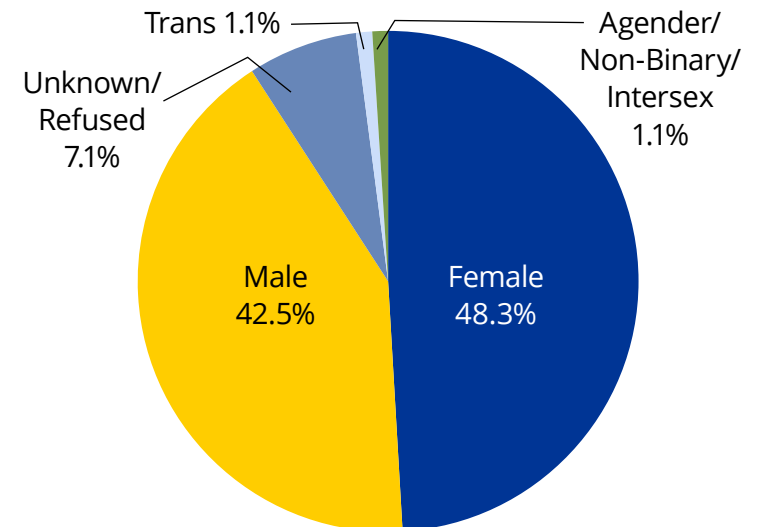
Patients by Age Group



Patients by Race

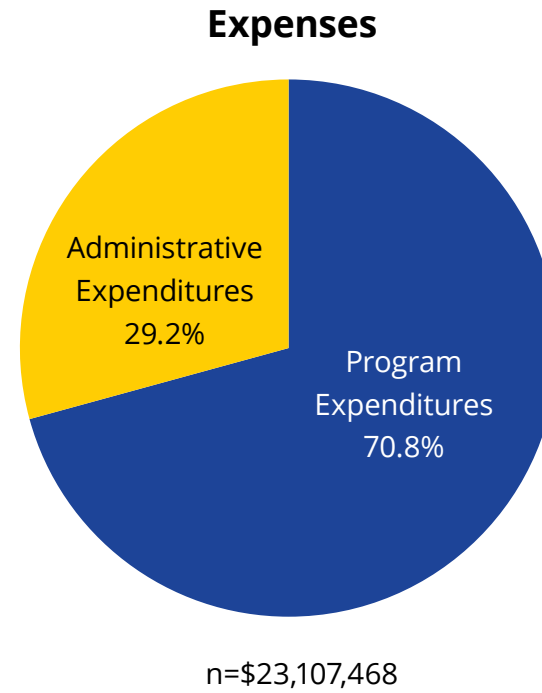
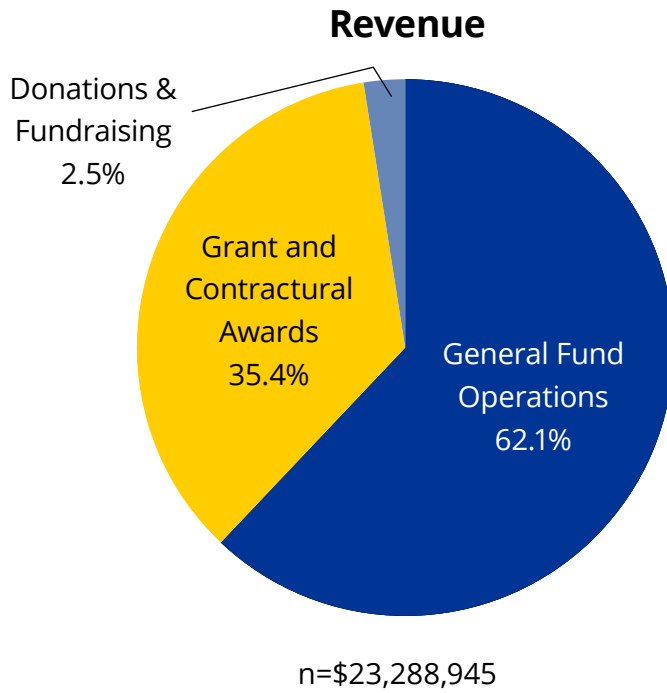


Patients by Gender ID



Financials

FY2023



Thank You

We are incredibly grateful for the generosity of our donors and community partners. Your contributions make a significant impact on our organization and the people we serve. Your support allows us to provide critical programs and services that would not be possible without your help. Thank you for your continued belief in our mission to provide personalized and compassionate mental, behavioral health, and substance use treatment services, to adults, teens, and kids in Southwest Washington. We are committed to using your donations wisely and responsibly to ensure that they have the greatest possible impact.

