



Recent Accomplishments

LIVES **CHANGE** HERE

Who We Are

Our Mission

Providing behavioral health and recovery services that transform the lives of children, adults, and families in the communities of Southwest Washington.

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Leadership Team



Victor Jackson
Chief Executive Officer



Kevin Fischer
Chief Medical Officer



Anne Willis
Chief Clinical Officer



Kelly Ferguson
Chief Operations Officer



Sarah Brown
Chief Policy and Compliance Officer



Christopher Cone
Chief Marketing and Development Officer



Lisa Aarseth
Associate Chief Clinical Officer

Passionate about our mission.
Committed to contributing to a healthier Clark County.

Organizational Highlights

Opening of
NorthStar 2.0,
August 2023

Third Annual Youth
Summit

Third Annual
Courageous
Conversations
Educational Forum,
350+ participants

Annual Gala –
Largest Mental and
Behavioral Health
Event on the West
Coast



Programs and Services

Treatment and Mental Health Services

GAP MEDICINE

Meeting the pressing physical health medical needs of our patients

MENTAL HEALTH SERVICES

Personalized mental health treatment programs for families, and individuals ages five through adults

NorthStar Clinic

The largest opioid treatment program in SW Washington. Treating all people at any stage of opioid use recovery



Treatment, rehabilitation, and living skills support for people living with severe mental illnesses

PSYCHIATRY SERVICES

A team of skilled professionals providing mental health medication management for adults and youth

Mental Health Services

Adult Outpatient Program

No client waitlist

Expanded Spanish-speaking services through new bilingual staff

13 program interns



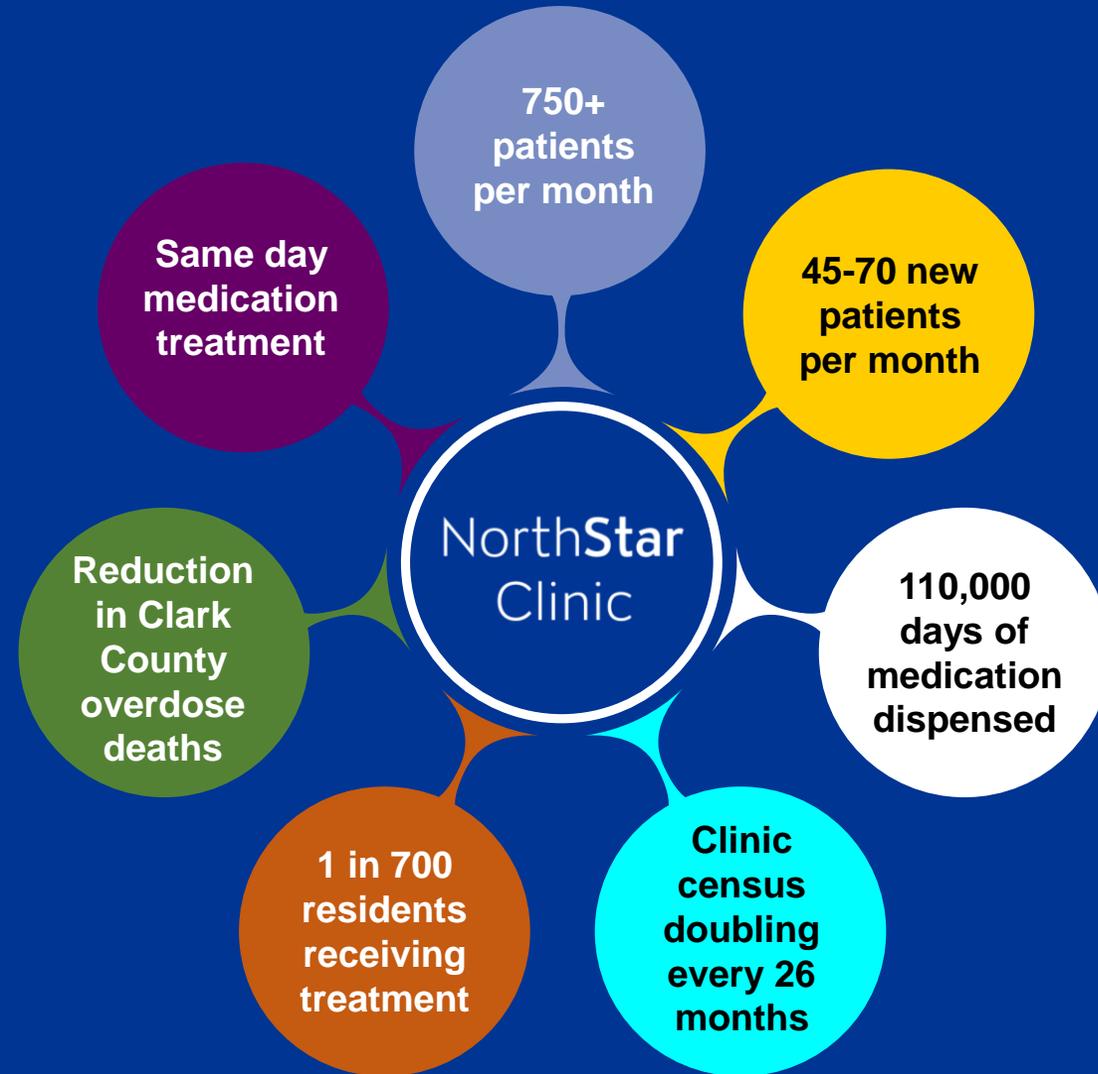
Supporting Mental Health Recovery

“If it wasn't for Columbia River, I don't know where I'd be. Every time I was struggling, CRMHS helped to keep me taken care of. Before Columbia River, a lot of stuff in my life would have bothered me, and now I know what healthy boundaries I need to maintain. The strength and respect I feel for myself now are amazing. Because of Columbia River Mental Health Services, I'm happy.” – Teresa



NorthStar Treatment Center

Addressing the opioid crisis that is threatening the well-being of thousands of Clark County residents



NorthStar Expansion

Helping Solve the Opioid Crisis in Clark County



50%+ Capacity Increase

Improved Patient Privacy

Improved Medical Services

30+ Therapeutic Spaces

PACT Accomplishments

Client Successes



Marie graduated to independent medication management



Taught Stan to ride the bus to meet up with his walking group



Addressed clients' hoarding by helping clean their homes



Supported 8 clients transitioning out of homelessness



Bryan taught Rob to shoot hoops, helping improve his confidence

Well-being Services

CASE MANAGEMENT

Long- and short-term care services for adults and youth, including housing and medication management

FORENSIC HOUSING & RECOVERY THROUGH PEER SERVICES (FHARPS)

Recovery-oriented program minimizing the barrier of receiving services such as housing support and services for behavioral health conditions



Mental health therapy, case management, and vocational assessment for youth 14-25

PEER SUPPORT

Assisting adult clients in services to regain control and success in their own lives, like stable housing, education, and employment



Connecting individuals involved in the legal system to permanent, stable housing through financial and peer support, to reduce recidivism

Changing Lives in Our Community

“The tools, boots, and coat I received not only allowed me to do my job properly and confidently, but filled my days with a renewed sense of purpose. Even a small act of kindness can help someone keep their life on track.”
— John



OPTIONS Youth Program

Supporting youth 14-24 into adulthood

2

annual events to share youth and Young Adult resources

Youth Summit

Youth Art Show

14+

Healthy Cooking

Adulting 101
Classes in the last two years

Applying for College

Adulting 101 Classes

Youth learning life skills

Complete college applications

Shop for and prepare healthy food

Create healthy relationships

Write an effective resume

Apply for and move into housing



Youth Summit

THE FUTURE IS YOURS

“The Youth Summit with everyone coming together and being in one space helps reduce a lot of barriers when it comes to finding resources like this.”

**– Arianna Suarez, Peer Support Specialist
and Events Coordinator**

Mobile Health



**COLUMBIA RIVER
MOBILE HEALTH**

**MOBILE HEALTH
TEAM**



Providing mental health assessments, medical services and referrals to individuals who are unhoused or unstably housed.

**MOBILE INTENSIVE
HOUSING TEAM
(MIHT)**



Supporting the community throughout the housing process until they are stably housed.

Hopes and Dreams Fund

49 Applications and \$22,000 Grants Awarded in 2024

Funds paid for a new laptop for Jonathan so he could improve his computer skills and be eligible for more job opportunities.

Barbara was assisted in buying work clothes, and now has two jobs and is working towards becoming more financially stable.

Shauna's insurance only covered one surgery to improve her vision. Hopes and Dreams provided her the funds to get her second procedure.

James, who is in his 60s, was sleeping on a broken bed that was causing him to fall on the floor. A grant helped him purchase his first ever, brand new bed.



Courageous Conversations

Community Educational Forum, 2023



350+
Attendees

**Diverse
Speakers**

Engaging
and
Courageous
Stories

**Inspiring
Hope Through
Mental
Wellness**

Mercedes White Calf, Oglala Sioux Tribe Member and Southwest Washington advocacy coordinator at the Native American Youth and Family Center, 2023 Keynote Speaker

Breaking the stigma of mental health treatment

Courageous Conversations

Community Educational Forum, 2024

Candid
Conversations

Overcoming
Trauma

Resilience to
Thrive

Personal
Stories of
Strength and
Hope

Antonio Salazar-Hobson, Renowned author, labor and tribal attorney, and survivor of childhood trauma, 2024 Keynote Speaker.



Together, we can break mental health stigmas



Spring Gala Annual Fundraiser

As a nonprofit, Columbia River Mental Health provides treatment and mental health care for a large number of patients who are unable to pay for services.

We are passionate about caring for everyone in our community, and that care requires funding.

Our annual gala represents one way to support these services while enjoying an evening of camaraderie and fun.





Spring Gala

The 400+ supporters who annually turn out for the gala have raised hundreds of thousands of dollars to ensure that everyone in Clark County who seeks services has access to them.

Together, we're able to provide mental and behavioral health services to our community!



Transforming Lives

“ The feeling of having CRMHS as a support system has been life-changing. I actually love myself and put myself first for the first time in my entire life.”

– Amanda



DIVERSITY AND INCLUSION

We are proud of the diversity we have both in the staff that work here and the patients we see.

Our goal is to see diversity and inclusivity continue to grow and expand as we do.

Columbia River Mental Health Services turns no one away who is seeking assistance.

Columbia River Mental Health Services

- Mental health for adults, children, youth and families
- Opioid use recovery services

Visit **CRMHS.org** for more information





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